



# Health and Safety Training

2017-2018

Old North State Council  
1405 Westover Terrace  
Greensboro, NC 27408

For questions related to any training in this brochure, contact  
Nita Grubbs, [nita.grubbs@scouting.org](mailto:nita.grubbs@scouting.org) or 336.378.9166.

**Class sizes are limited, so register early to assure a place in your desired course.**



Date	Course	Time	Deadline
Sat., Sept., 30, 2017	ECSI Standard First Aid with Adult and Child CPR/AED	8:30am—5:00pm	9-14-16
Sat., Oct. 14, 2017	ECSI Standard First Aid with Adult and Child CPR/AED	8:30am—5:00pm	9-28-17
Sat., Oct. 28, 2017	ECSI Standard First Aid with Adult & Child CPR and AED	8:30am—5:00pm	10-12-17
Fri.-Sun., Nov. 10-12, 2017	Emergency Care and Safety Institute/BSA Wilderness First Aid	See course brochure	
Sat., Jan. 20, 2018	ECSI Standard First Aid with Adult & Child CPR and AED	8:30am—5:00pm	1-4-18
Sat., Feb. 10, 2018	ECSI Standard First Aid with Adult & Child CPR and AED	8:30am—5:00pm	1-25-18
Sat., Feb. 24, 2018	ECSI Standard First Aid with Adult & Child CPR and AED	8:30am—5:00pm	2-8-18
Sat., March 3, 2018	ECSI Standard First Aid with Adult & Child CPR and AED	8:30am—5:00pm	2-15-18
Sat., March 17, 2018	ECSI Standard First Aid with Adult & Child CPR and AED	8:30am—5:00pm	3-1-18
Sat., April 7, 2018	ECSI Standard First Aid with Adult & Child CPR and AED	8:30am—5:00pm	3-22-18
Fri.-Sun., April 13-15, 2018	Emergency Care and Safety Institute/BSA Wilderness First Aid	See course brochure	
Sat., May 19, 2018	ECSI Standard First Aid with Adult & Child CPR and AED	8:30am—5:00pm	5-3-18
Sat., Sept. 29, 2018	ECSI Standard First Aid with Adult & Child CPR and AED	8:30am—5:00pm	9-13-18
Sat., Oct. 13, 2018	ECSI Standard First Aid with Adult & Child CPR and AED	8:30am—5:00pm	9-27-18
Sat., Oct. 27, 2018	ECSI Standard First Aid with Adult & Child CPR and AED	8:30am—5:00pm	10-11-18
Fri.-Sun., Nov. 9-11, 2018	Emergency Care and Safety Institute/BSA Wilderness First Aid	See course brochure	

**Registration deadline for all Standard First Aid with Adult and Child CPR/AED and Professional Rescuer CPR with Standard First Aid courses is the Thursday 2 weeks prior to the scheduled course.**

**For wilderness first aid, see course brochure.**



**Every Scout deserves a trained leader.**

For Wilderness First Aid, see [www.bsaoonc.org](http://www.bsaoonc.org) for a copy of the brochure which is available for that course. **Online registration is not available for Wilderness First Aid.**

### First Aid/CPR/AED

Includes First Aid, Adult & Child CPR, and AED. **Youth participants must be at least 14 years of age.**

Boy Scouts and Venturers under age 18 **must** attend with a buddy or appropriate adult partner to meet BSA Youth Protection guidelines.

**Youth needing transportation home will contact a parent prior to end of course. Parents should plan to arrive within 30-40 minutes to pick up their Scouts. Scouts cannot be left without adult supervision.**

*Failure to comply may result in a future requirement that a parent be with the youth for the entire day.*

# CPRo

CPR for the Professional Rescuer

CPRo includes:

- Adult and Child CPR/AED
- Infant CPR
- Responsibilities of a professional rescuer
- Working with EMS
- Legal considerations

**CPro is the minimum level CPR certification required to complete or maintain your BSA Lifeguard certification and for health officers at district or council events.**

The Old North State Council is an  
Education Center  
for the

## **Emergency Care and Safety Institute**

Training conducted through ECSI is accepted at any BSA activities and high adventure bases where these trainings are required.

Though Scouting uniforms are appropriate at any Scouting function, dress for all courses is casual. You will be practicing some skills on the floor/ground.

## **Wilderness First Aid**

**Wilderness First Aid** is based on the Boy Scouts of America *Wilderness First Aid Curriculum and Doctrine Guidelines* and is provided through the **Emergency Care and Safety Institute**. “ECSI programs are offered in association with the American Academy of Orthopedic Surgeons (AAOS) and the American College of Emergency Physicians (ACEP).”

The ONSC requires WFA for leaders involved in council sponsored national high adventure activities.

**WFA is open to adult volunteers and youth age 14 or older.**

**Youth members may register only on the recommendation of their unit leader.**

Youth Protection guidelines must be adhered to. Co-ed groups and youth 14-18 are welcome, but must attend with an appropriate buddy or appropriate adult partner/leadership. For questions, contact Nita Grubbs at [nita.grubbs@scouting.org](mailto:nita.grubbs@scouting.org) or 336.378.9166.

**Pre-requisites:** Adult CPR/AED is **required and must be current through the last day of the course.**

*Brochures for Wilderness First Aid are available from the Scout office or council website at [www.bsaonsc.org](http://www.bsaonsc.org). Online registration is not available for this course.*

**Notice:** Pocket cards are no longer available the day of the course. Course processing is now done online after completion of the training. Course certificates and pocket cards will be emailed after the course. This will allow for easy replacement in the event a card is lost or damaged. eBook is now an option for your textbook. Either the eBook or print textbook are required.

**Please be sure your email address is legible on the sign in sheet!**

## Old North State Council

### Standard First Aid with CPR/AED Adult and Child Professional Rescuer CPR and Standard First Aid

Name \_\_\_\_\_ BSA ID# \_\_\_\_\_ Date \_\_\_\_\_

Address \_\_\_\_\_ City \_\_\_\_\_ State \_\_\_\_\_ Zip Code \_\_\_\_\_

Home/Cell Phone \_\_\_\_\_ Unit # \_\_\_\_\_ Position \_\_\_\_\_

Council/District \_\_\_\_\_ Email (< age 18 use parent email) \_\_\_\_\_

Course Date \_\_\_\_\_

✓ **Check One:**

**Total**

Standard First Aid w/CPR/AED with textbook	37.00	
Standard First Aid w/CPR/AED with eBook	31.00	
Pocket Mask (Optional for standard FA/CPR/AED courses.)	\$8.00	
Professional Rescuer CPR w/SFA with textbook (cost includes required pocket mask)	\$50.00	
Professional Rescuer CPR w/SFA with eBook (cost includes required pocket mask)	\$44.00	
<b>Total</b> (cost center 036)		

Either the textbook or eBook are required. (Those selecting the eBook will have a textbook available for use during class.) **Pocket masks** may be used during class and then retained for later use by participants who order them.

**Optional pocket mask MUST be ordered at time of registration.**

This form must be **filled out completely**. You are not registered until a completed form is turned in at the Scout office with your required fees. You may also register online through the council website at [www.bsaonsc.org](http://www.bsaonsc.org).

**Course certificates will be emailed after the course.**

Make checks payable to the **Old North State Council**.

#### Other BSA Health and Safety Courses

**Youth Protection Guidelines: Training For Volunteer Leaders and Parents** ...child abuse prevention education for leaders and parents of Cub Scout and Boy Scout age youth.

**It Happened to Me and A Time to Tell** ...age specific child abuse prevention programs for Cub Scout and Boy Scout age youth.

**Youth Protection Guidelines: Training for Adult Venture Leaders**...child abuse prevention education for leaders in Venturing and Exploring. Includes three videos for youth members on Internet Safety and Stalking, Sexual Harassment and Acquaintance Rape.

**Scouting Safety...Begins With Leadership**...planning model for safe programs using the *Guide to Safe Scouting* and BSA "Sweet 16 of Safety."

**The Risk Zone**...highlights safe travel and avoiding "the risk zone"—when drivers can no longer function safely.

**Safety Afloat**...for requirements when participating in activities on the water. \*See the *Guide to Safe Scouting for other requirements that apply to activities on the water*.

**Safe Swim Defense**...for requirements when participating in swimming activities. \*See the *Guide to Safe Scouting for other requirements that apply for swimming activities*.

**Aquatics Supervision: Swimming and Water Rescue**...provides information and in-the-water skills to prevent, recognize and respond to swimming emergencies during unit swimming activities.

**Aquatics Supervision: Paddle Craft Safety**...expands on Safety Afloat to include basic skills and knowledge for unit leaders to supervise most float trips using canoes.

**Climb on Safely**...for requirements when participating in climbing and rappelling. \*See the *Guide to Safe Scouting for other requirements that apply for climbing and rappelling activities*.

**Planning and Preparing for Hazardous Weather**...covers 10 weather related situations to help units be safe during unexpected changes in the weather or in making planning decisions when hazardous weather is expected.

**Offered online at [www.Scouting.org](http://www.Scouting.org).**